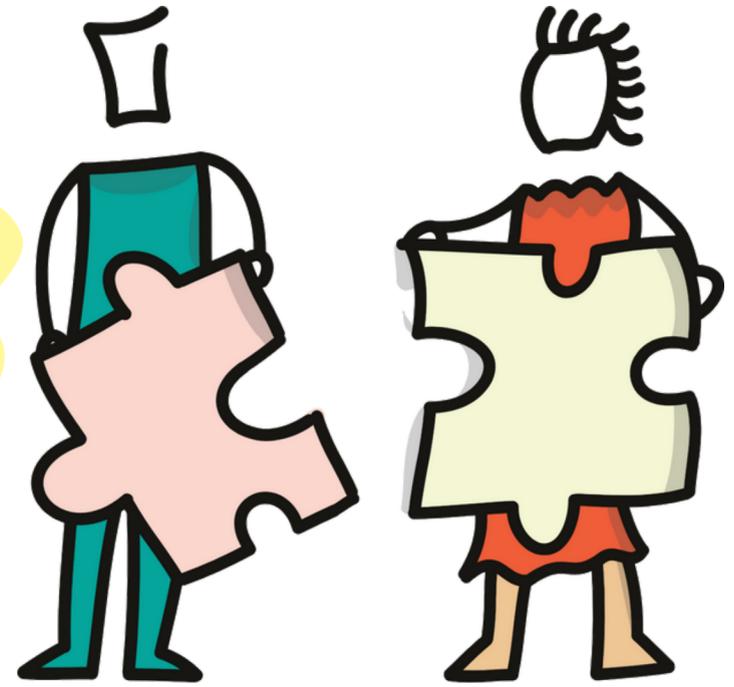# Give learners a head-start with C1 Connections

from Sharon Bowman's Training from the BACK of the Room! (TBR)
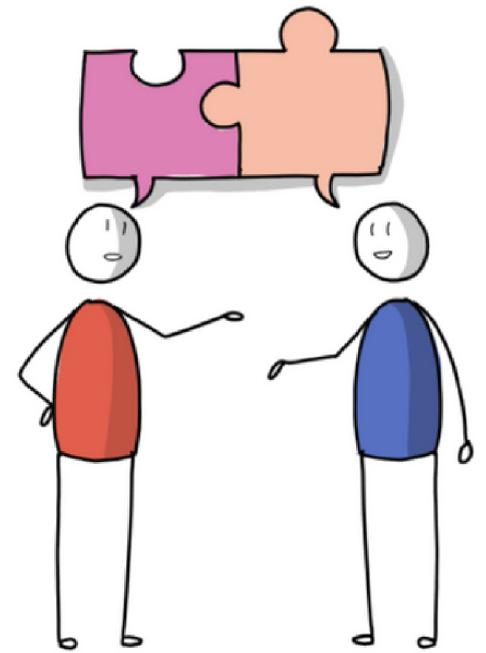
ACTINEO

C1 Connections

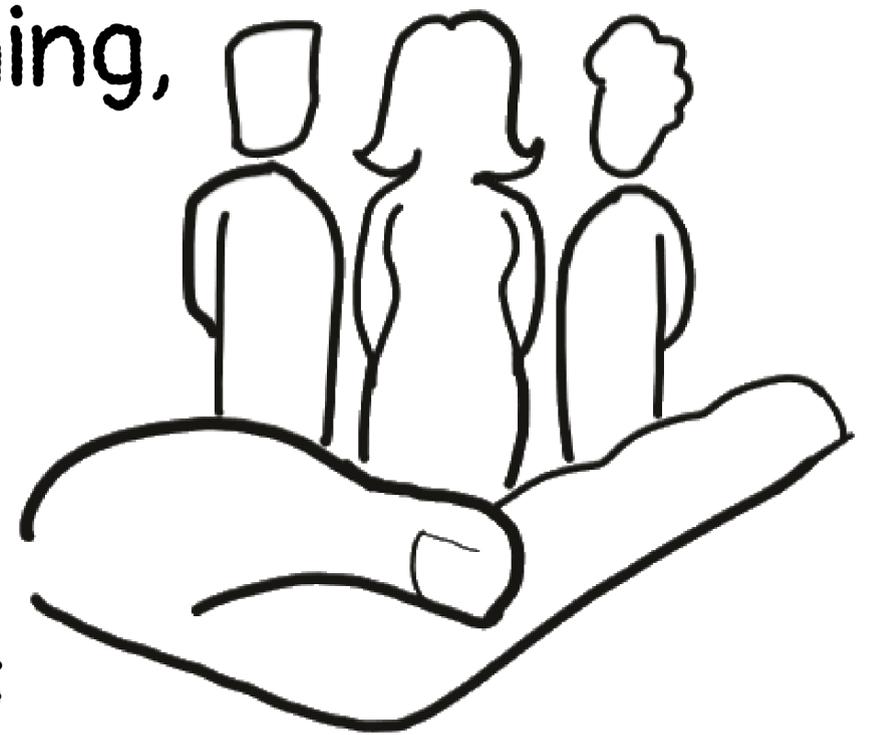During C1 Connections, learners connect to:

- what they already know
- the new knowledge to come
- their learning goals
- other learners.

Build a safe learning space, and warm the brain up so it is ready to learn.
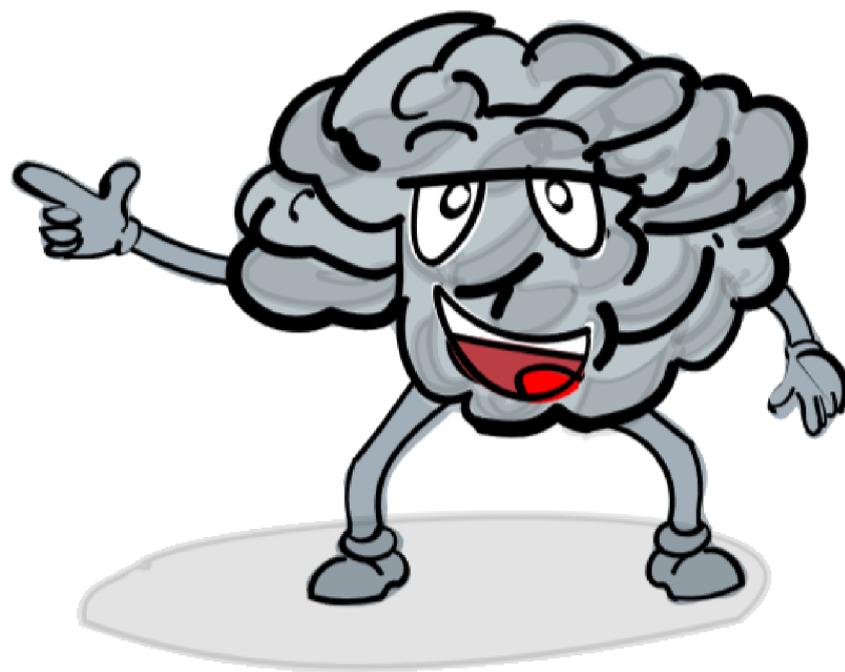
Why do we use
C1 Connections?

At the beginning of any training,
it is important to create a
safe space for learning.

Learning is messy and needs
to take place in a safe and supportive
environment.

Why do we use C1 Connections?

Learners need to warm their brain up to the topic for effective learning to take place.

Research shows that when we connect new knowledge to existing knowledge, we retain that new knowledge better.

How do we do
C1 Connections?

Invite learners to discuss what they know about the topic in pairs.

Ask them to share with each other why they are in the training and what they most want to take away from it.
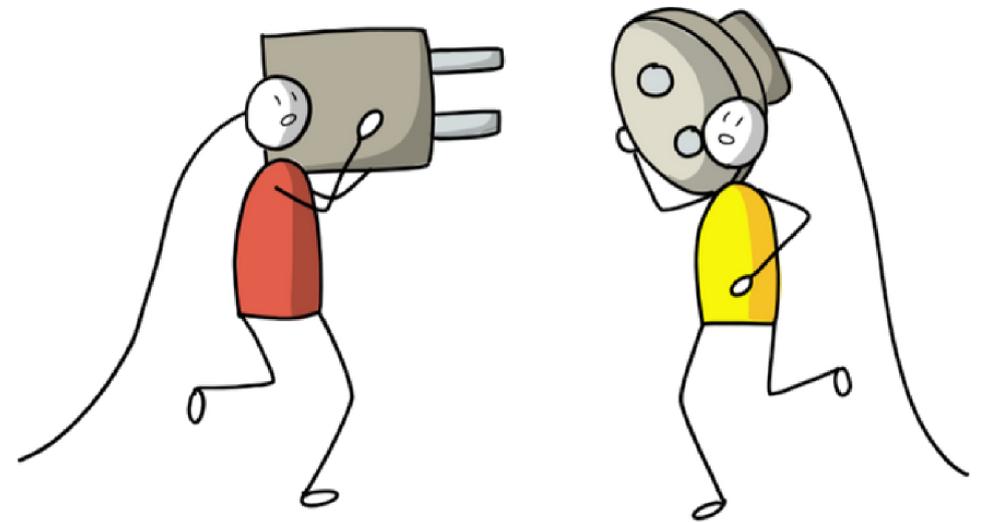
Integrate movement to help learners burn off any excess adrenalin.

Avoiding Common
C1 Connections Mistakes

Don't ask learners to speak in front of the entire group at the beginning of a class.

This will push some people into a stress state and reduce their ability to learn.
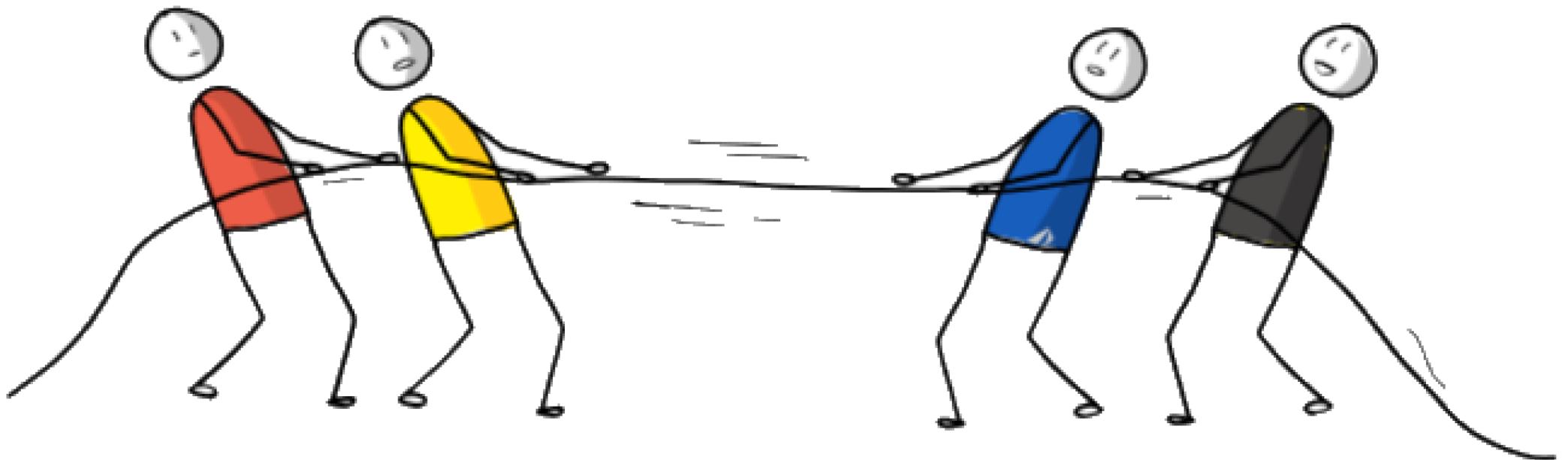
Avoiding Common C1 Connections Mistakes

Don't ask the learners challenging questions at the beginning of the class. Only begin to increase the difficulty as the training progresses and people feel safe with each other.

Avoiding Common
C1 Connections Mistakes

The beginning of the class is one of the more memorable parts of any training because of Primacy effects so use the time wisely! Make your opening activities topic related. Non-topic related ice breakers are wasted learning opportunities.
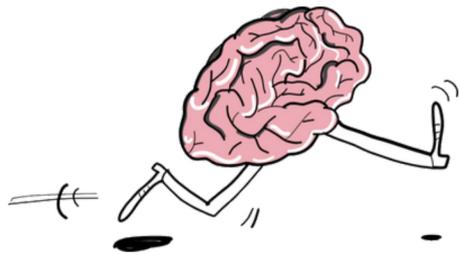
Avoiding Common C1 Connections Mistakes

Say "No!" to long-winded introductions. Remember primacy effects! Would you rather learners remember your biography, or the training content?
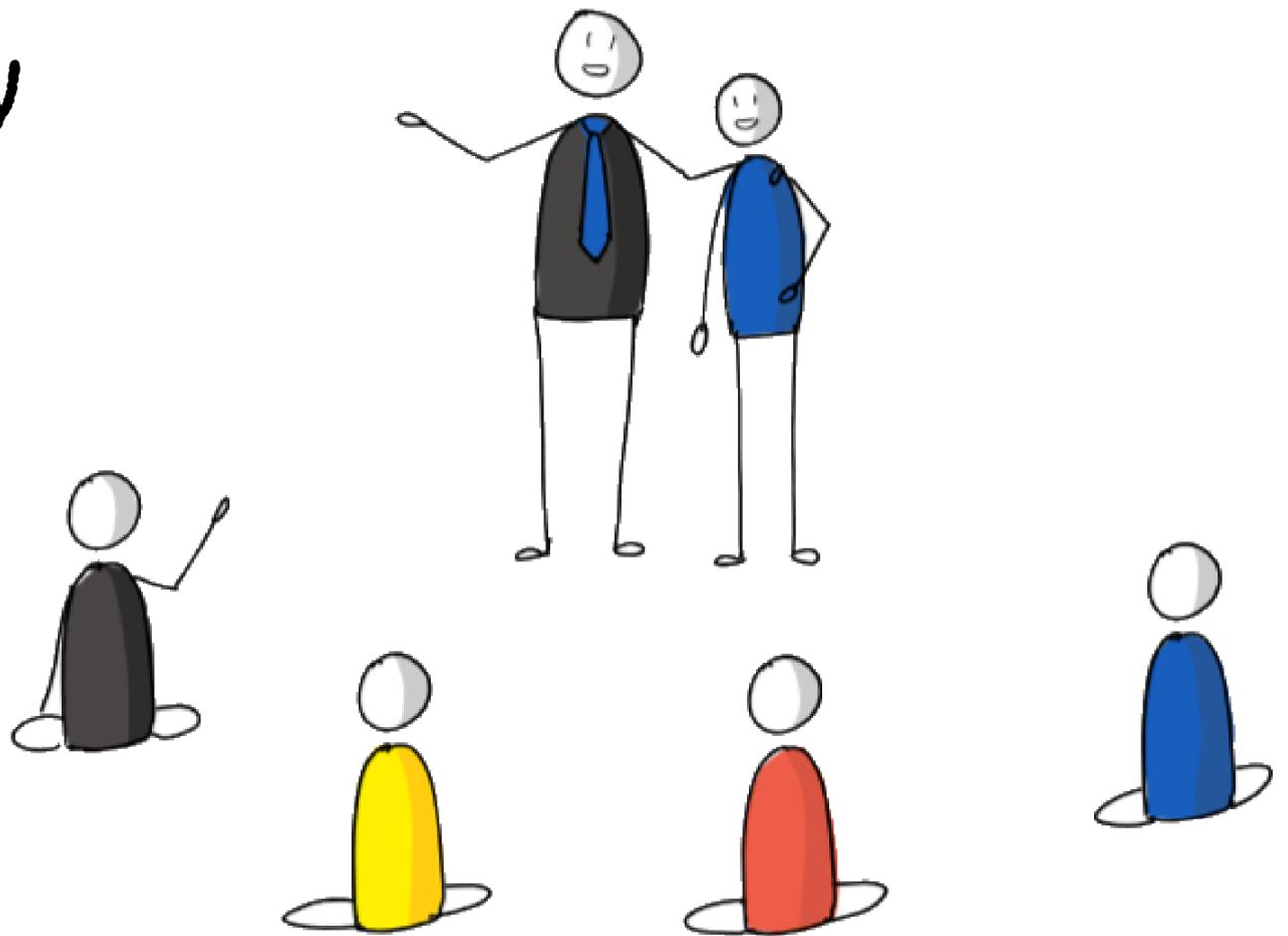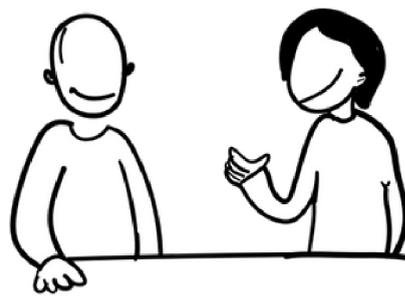
C1 Connections Examples
(& where to find them)

Fast Pass

Training from the BACK
of the Room! pp.97

Pair Share

Using Brain Science To Make
Training Stick pp.178

Personal Goal

Using Brain Science To Make
Training Stick pp.242

Blackout Bingo

Using Brain Science To Make
Training Stick pp.225

Standing Survey

Training from the BACK
of the Room! pp.104

Want to know more about The 4Cs and TBR?

Scan the QR code

or visit

https://actineo.xyz/tbr

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